@ Allerton
Closed Mondays
Lunch Starting 10:30

Drinks 2.75

Coffee
add a flavor shot .75

Green Mango Ice Tea
add a flavor shot .75

Organic Black Ice Tea
add a flavor shot .75

Hot Tea
assorted flavors

Allerton "T"
a blend of mint, mango green tea and lemonade

Arnold Palmer
half tea/half lemonade

Lemonade
add a flavor shot .75

Other Drinks

Soda or Bottled Water
1.95

All Day

Made to Order

Ricotta Toast 4.25
add roasted veggies 2.00

Bagel & Cream Cheese
4.25
Ask about our daily selections
add veggie or cinnamon cream cheese 1.00

Bagel & Lox
6.25
your choice of bagel, cream cheese, lox, red onion, tomato

Yogurt Parfait 5.25

House Made Cheesecake
6.95

Sharables

Hummus Platter
13.95
house-made hummus, fresh vegetables, naan bread, and olives

Cafe Charcuterie
15.95
selection of meats, cheeses, fresh fruit, dried fruit, olives, crackers and nuts

Sandwiches

Sandwiches

1900 Curried Egg Salad
5.25
house-made curry egg salad on sourdough

House-Made Chicken Salad
8.25
chicken, shallot, mayo, Dijon, celery seed, tarragon on a croissant

Turkey & Brie
8.95
hand sliced turkey, lingonberry jam, brie on cranberry walnut bread

Roasted Veggie
7.95
hand sliced roasted zucchini, yellow squash, red onion, red bell pepper w/house-made ricotta on 7-grain bread

Other Drinks

Lemonade
add a flavor shot .75

Lemonade
add a flavor shot .75

Lemonade
add a flavor shot .75

Other Drinks

Soda or Bottled Water
1.95

Fat Stuff

Centaur Italian Beef
8.25
locally sourced beef soaked in spices and au jus
(add cheese 1.00)

Fu Dog
4.95
1/5# hot dog

Slaw Dog
6.95
1/5# hot dog, pulled pork, slaw and BBQ sauce

Pioneer Pulled Pork
7.95
slow roasted for 12 hours in a special blend of beer & spices

Pulled Pork Nachos
8.95
corn tortilla chips, cheddar cheese, pulled pork, slaw, BBQ sauce

Sides

Side Salad 2.00
Cole Slaw 2.00
Chips 2.00
<table>
<thead>
<tr>
<th>WRAPS</th>
<th>MORE WRAPS</th>
<th>KIDS MENU</th>
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</thead>
<tbody>
<tr>
<td>Hummus &amp; Veg 8.95</td>
<td>Mediterranean Chicken 9.95</td>
<td>4.95 Choice of</td>
</tr>
<tr>
<td>house made hummus, fresh veggies, lettuce in a spinach wrap</td>
<td>feta, warm chicken, tomatoes, onion, Greek olives, mint, romaine lettuce in a honey wheat wrap served warm</td>
<td>3 Chicken Tenders</td>
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<tr>
<td>Roasted Veggie Wrap 8.95</td>
<td>Southwest Chicken 9.95</td>
<td>Grilled Cheese</td>
</tr>
<tr>
<td>house made ricotta, roasted veggies, lettuce in a spinach wrap</td>
<td>house made zesty ranch, warm chicken, corn &amp; bean salsa, carrots, tomatoes, cheddar cheese, romaine lettuce in a tomato basil wrap served warm</td>
<td>WOW Butter &amp; Jam Panini</td>
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<tr>
<td>Bacon Lettuce Tomato 9.95</td>
<td>Chicken Caesar 9.95</td>
<td>Hot Dog</td>
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<tr>
<td>crisp bacon, tomatoes, romaine lettuce in a honey wheat wrap served warm</td>
<td>house made Caesar dressing, warm chicken, Parmesan cheese, romaine lettuce in a honey wheat wrap served warm</td>
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<tr>
<td>Chicken &amp; Avocado 9.95</td>
<td>Chicken Bacon Ranch 9.95</td>
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<tr>
<td>warm chicken, fresh avocado, carrots, tomatoes, onions, romaine lettuce in a tomato basil wrap served warm</td>
<td>crispy chicken, bacon, shredded cheddar cheese, lettuce, tomatoes, carrots, onion and house made zesty ranch in a honey wheat wrap served warm</td>
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<tr>
<td>Chicken Buffalo 9.95</td>
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<tr>
<td>crispy chicken, shredded cheddar cheese, buffalo sauce, pickles, lettuce, tomatoes in a honey wheat wrap served warm with a side of house made ranch</td>
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<th>PANINIS</th>
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<tbody>
<tr>
<td>Figgy-Piggy 8.95</td>
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<tr>
<td>ham, bacon, pimento cheese &amp; fig jam on sourdough</td>
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<tr>
<td>Ham &amp; Swiss 8.95</td>
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<tr>
<td>hand sliced ham, Swiss, whole grain mustard, micro greens on 7-grain</td>
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<tr>
<td>3-Cheese Grilled Cheese 8.95</td>
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<tr>
<td>cheddar, Swiss, provolone cheese on sourdough</td>
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<tr>
<td>Turkey &amp; Apple 8.95</td>
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<tr>
<td>hand sliced turkey, cheddar and apple on 7-grain</td>
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<tr>
<td>Italian 8.95</td>
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<tr>
<td>slices of Italian meats, provolone, pesto on sourdough</td>
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| SALADS  
| add chicken $2  |
| Southwest Salad 9.95  |
| fresh greens topped with black beans & corn salsa, tomatoes, carrots w/ house made zesty ranch |
| Caesar Salad 9.95  |
| fresh romaine topped with Parmesan, house made croutons and house made Caesar |
| Sunsong 9.95  |
| fresh lettuce mix topped with citrus, mint, pepitas, avocado w/ house vinaigrette |
| Sunken Garden 9.95  |
| fresh lettuce mix topped with carrots, tomatoes, onions, shredded cheddar and house made croutons w/house made ranch |
| Lost Garden 9.95  |
| fresh lettuce mix, tomatoes, cucumbers, onion, feta, olives w/house vinaigrette |