



ALLERTON  
PARK & RETREAT CENTER

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## Conference Catering Guide

### BREAKFAST BUFFETS

Each Selection Includes:

- > Assortment of Chef's Choice Pastries
- > Oatmeal or Cold Cereal
- > Seasonal Fresh Fruit
- > Yogurt and Granola
- > Water, Juice, Hot Tea and Coffee

BREAKFAST BUFFET (choose one)

- Scrambled Eggs
- Biscuits and Sausage Gravy
- Pancakes with Warm Syrup
- French Toast with Warm Syrup

BREAKFAST EXTRAS

- Egg Frittata
- Sliced Honey Cured Ham
- Crisp Bacon
- Country Sausage
- Hash Browns

*Cooked-to-Order Omelet Station available upon request for an extra fee.*



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## LUNCH BUFFETS

### Each Selection Includes:

- > Choice of Cookies, Brownies, Lemon Bars or Apple Bars
- > Water, Iced Tea, Hot Tea, and Coffee

### THE BUTCHER BLOCK

Sliced roast beef, ham, turkey, cheese tray with an assortment of bread and rolls, potato chips, relish tray with lettuce, tomatoes, pickles, onions, and condiments, and a choice of two salads: fruit salad, coleslaw, or potato salad

### ITALIAN FEAST

Penne pasta with tomato vodka sauce and grilled Italian sausage; fettuccine alfredo with grilled chicken; farfalle pasta with sun dried tomatoes, broccoli, and extra virgin olive oil; all served with Caesar salad, garlic bread, and fresh parmesan cheese

### FIESTA BAR

Chicken fajitas served with warm flour tortillas, Spanish rice, peppers and onions, black beans, corn fiesta, tortilla chips, salsa, and all of the traditional fajita toppings

### ILLINI BBQ

Deluxe sandwich rolls, pulled pork BBQ or pulled chicken BBQ, corn on the cob, baked beans, potato salad, coleslaw, potato chips, and relish tray with pickles, onions, and condiments

### ITALIAN BEEF

Italian beef on hoagie rolls, grilled peppers and onions, with potato chips, coleslaw, and macaroni salad

### ALLERTON EXPRESS

Chef's choice of two soups, mixed greens, grilled chicken with a variety of toppings, two dressing selections, pasta salad, and Chef's choice deli salad served with warm rolls and butter

### HEART SMART

Mixed spring greens with balsamic vinaigrette dressing, lemon grilled chicken breast, sautéed seasonal vegetables, white rice and angel food cake with mixed berries



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## DINNER BUFFETS

Each Selection Includes:

- > Roll and Butter
- > Water, Iced Tea, Hot Tea and Coffee

SALADS (choose one)

- Mixed Greens with Assorted Dressings
- Spinach Salad with Poppy Seed Dressing
- Seasonal Fresh Fruit Salad
- Caesar Salad
- Garden Pasta Salad
- Potato Salad
- Coleslaw
- Macaroni Salad

ENTRÉES (choose two) – Vegetarian options available upon request

- Chicken Marsala
- Italian Meat Lasagna
- Marinated Grilled Chicken Breast
- Pork Loin with Port Wine and Mushrooms
- Baked Salmon with Lemon and Butter
- Sliced Roast Beef with Au Jus
- Tortilla Encrusted Tilapia
- Eggplant Parmesan
- Sliced Roast Turkey
- Beef Stroganoff with Egg Noodles

STARCH (choose one)

- Wild Rice Pilaf
- Baked Potato
- Au Gratin Potatoes
- Garlic and Herb Mashed Potatoes
- Herb Roasted Red Skin Potatoes
- Baked Macaroni and Cheese

VEGETABLE (choose two)

- Seasoned Vegetable Melody
- Roasted Root Vegetables
- Sautéed Green Beans with Garlic
- Broccoli with Julienne Red Peppers
- Honey Glazed Baby Carrots
- Sweet Peas with Mushrooms
- Corn O'Brien
- Cauliflower with Cheese Sauce

DESSERTS (choose one)

- Lemon Bars
- Apple Crisp
- Cherry Cobbler
- Chocolate Mint Pie
- Chocolate Turtle Brownies



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## BREAK REFRESHMENTS

All Breaks Include:

- > Water, Iced Tea, Hot Tea and Coffee

MORNING BREAK OPTIONS (choose one)

- Sliced Warm Coffee Cake with Fresh Berries and Whipped Cream
- Hot Cinnamon Rolls with Cream Cheese Frosting
- Fresh Fruit Tray with Caramel Sauce
- Assorted Muffins and Pastries
- Assorted Slice Bagels with Whipped butter and Cream Cheese

AFTERNOON BREAK OPTIONS (choose one)

- Assorted Freshly Baked Cookies and Apple Bars
- Lemon Bars and Brownies
- Fresh Vegetable Crudités with Ranch Dressing
- Mixed Nuts and Pretzels
- Warm Soft Giant Pretzels with Cheese and Mustard Dipping Sauces
- Party Mix and Miniature Candy Bars
- Chips and Salsa with Mexican Layer Dip
- Gourmet Popcorn
- Fresh Fruit Tray with Caramel Sauce
- Granola and Candy Bars



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## HORS D'OEUVRES

Served butler style or as an action station

### HOT HORS D'OEUVRES

Spanakopita  
Assorted Mini Quiches  
Egg Rolls  
Stuffed Mushroom Caps  
Baked Brie with Raspberries and Almonds  
Mini Crab Cakes with Aioli  
Cider Braised Chorizo on Toast Rounds  
Chicken Sate with Peanut Sauce  
Mini Beef Wellingtons  
Bacon Wrapped Sea Scallops

### COLD HORS D'OEUVRES

Cucumber Rounds with Boursin Cheese and Sun Dried Tomatoes  
Prosciutto Wrapped Asparagus Spears  
Fresh Tomato and Basil Bruschetta  
Fresh Vegetable Crudités with Dip  
Imported and Domestic Cheeses and Assorted Crackers  
Fresh Fruit with Caramel Dip  
Shrimp Cocktail



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**BAR SELECTIONS**

BEER

Domestic

- Bud Light
- Coors Lite

Premium

- Sam Adams
- Corona
- Pale Ale

WINE

Red Wine

- Cabernet
- Merlot
- Pinot Noir

White Wine

- Chardonnay
- Moscato
- Riesling
- Pinot Grigio
- Sauvignon Blanc

LIQUOR

- Canadian Club / Jack Daniels / Jim Beam
- Dewar's
- Titos / Absolute
- Captain Morgan / Bacardi
- Jose Cuervo
- Tanqueray Gin / Seagram's 7
- Vermouth
- Amaretto
- Kahlua
- Bailey's

SODA

CHAMPAGNE TOAST

Choose from...

- 2-Hour Full Host Bar
- 2-Hour Beer, Wine and Soda Host Bar
- Cash Bar (bartender and set-up fee)